



## THE ISLAND LODGE SPA MENU

### BODY TREATMENTS

**SENSE OF AROMA** - 60 MINUTES / 90 MINUTES 500.000 VND / 620.000 VND

This treatment concentrates on the muscles and connective tissues of the body to improve blood circulation, pain relief, and overall health maintenance and well-being. To make it your, choose your blend of Essential Oils.

**HOT STONE AROMATHERAPY** - 90 MINUTES 700.000 VND

Ancient healing art with heated volcanic stones are used with 100% natural moisturizing body oil, often in conjunction with deep tissue movements to provide relief from tight or sore muscles. The effect also helps to revitalize the body and restore energy.

**BAMBOO BODY DETOX** - 40 MINUTES 500.000 VND

The Bamboo powder mixed with milk and body lotion eliminates dead skin leaving a sensation of smoothness and freshness.

**HEAD & NECK & SHOULDERS RELAXER** - 30 MINUTES 350.000 VND

A scalp massage using pressure point technique to relieve head, neck and shoulders tension. While restoring vital tranquility, this treatment also helps relieve migraines.

### SLIM & MAINTAINING TONE

Your silhouette will be refined with our aromatic Slimming Cream.

**STOMACH** - 60 MINUTES 425.000 VND

**THINGS AND BUTTOCKS** - 60 MINUTES 850.000 VND

**PACKAGE OF 3 TREATMENTS** - 60 MINUTES 538.000 VND

**PACKAGE OF 5 TREATMENTS** - 60 MINUTES 650.000 VND

**FOOT RELIEF AT THE POOL** - 50 MINUTES 280.000 VND

This relaxing treatment begins with a bath salt to soak your feet. Then a combination of reflexology and Deep tissue techniques are expertly used to soothe away tension and fatigue.

**FOOT SCRUB AND RELIEF** - 70 MINUTES 350.000 VND

The 100% natural Bamboo powder mixed with milk remove dead cells and give sensation of smoothness to your skin and prepare your feet and legs to our foot relief treatment.

### MANICURE - PEDICURE

**NAILS POLISH** - 10 MINUTES 90.000 VND

**NAILS POLISH AND DESIGN** - 30 MINUTES 150.000 VND

**MANICURE OR PEDICURE** - 30 MINUTES 60.000 VND

**MANICURE & PEDICURE** - 60 MINUTES 120.000 VND

**FRENCH MANICURE OR PEDICURE** - 45 MINUTES 180.000 VND

**FRENCH MANICURE & PEDICURE** - 90 MINUTES 240.000 VND